

南洋





南洋女子中学校创立于1917年，是新加坡顶尖的特选中学之一。南中提供前瞻性的双语双文化教育，培养学生应对二十一世纪挑战的能力。2004年，本校与华侨中学联办综合课程。综合课程的目标是为南中莘莘学子提供最佳、最全面的教育。

NANYANG GIRLS' HIGH SCHOOL (NYGH) was founded in 1917. As one of the top Special Assistance Plan (SAP) independent schools, NYGH prides herself in providing a forward-looking bilingual bicultural education that empowers girls to thrive in the 21st century. In 2004, the school started its Integrated Programme (IP) with Hwa Chong Institution. IP aims to provide the best broad-based and holistic education for all the young ladies of Nanyang Girls' High School.

愿景 SCHOOL VISION

每一名南中学生都成为备受尊重和推动社会进步的人

Every Nanyang Girl a Respected Member of Society and an Agent of Change

办学宗旨 SCHOOL MISSION

培养德才兼备、精通双语、具有双文化视角的杰出女性，为国家社会做出贡献。

We nurture women of character and purpose with bilingual and bicultural perspectives, empowering them to make a difference in the world.

校训 SCHOOL MOTTO

勤 Diligence

慎 Prudence

端 Respectability

朴 Simplicity

学会成长 LEARNING TO BE & LIVE

在正向教育方法的指引下，学生在学习体验的过程中积极地反思，培养自己的品格。

Guided by the practice of Positive Education, students take part in powerful experiences accompanied by active reflection to develop in character.

环球课室计划 GLOBAL CLASSROOM PROGRAMME (GCP)

我们希望南中的学子都能够成为具有国际视野的双语双文化人才。所谓“读万卷书，行万里路”，通过南中环球课室计划，你将有机会与世界连接，踏上丰富多彩的学习之旅，体验东西方文化，拓展自己的视野。走出新加坡，让我们帮助你成为一个善于省思，灵活应变并具有文化智商的学习者与思考者。在这个过程中，你也将对亚细安国家、中国及其他国家和地区的人民及他们的文化有更深入的认识。我们欢迎你与我们一起探索世界！

In Nanyang, we aim to nurture our students, through various cross-cultural experiences, to be bilingual and bicultural stewards with global perspectives. The Global Classroom Programme aims to connect you to the world, through enriching overseas immersion programmes for you to experience both the East and the West. Venturing beyond the borders of Singapore with us will enable you to be a reflective learner and an adaptive thinker with cultural intelligence. Through this process, you will also develop a greater understanding of the people and their cultures within ASEAN, China and beyond. Come and explore the world with us!



生活技能计划 LIFE SKILLS PROGRAMMES

在南中，学校生活不仅限于学业。为了帮助你更好地适应外面的世界，为未来做好准备，我们为各个年级安排了精彩的生活技能活动。在低年级阶段，你将参加住宿营，并通过各种精心安排的活动，学习重要的生活技能。到了中三，你有机会参加充满挑战性的外展训练营，培养韧力和群体协作能力。在你中四即将毕业的这一年，我们也将为你安排职业生涯规划讲座，让你对自己未来想从事的职业有更进一步的了解。

Here at Nanyang, school is not just about studies. We are interested in preparing you for the outside world. In your lower secondary school years, you will participate in a residential camp, during which you will be exposed to various activities and acquire important life skills. Not only that, you will attend workshops and talks to learn about yourself and others. When you transit to Secondary 3, you will embark on an exciting adventure with Outward Bound Singapore. Last but not least, in order to prepare you for life beyond NY, you will have the opportunity to consider future professions at our Career Conference in Secondary 4.

寄宿学校体验计划 BseLIGHT

寄宿学校体验计划提供与朋友一起生活在同一屋檐下，同时学习独立生活的机会。这是一项为期五天，面向中四学生的体验式学习计划。这个活动将带你踏上自我探索和自我发现之旅，不仅让你有机会住在寄宿学校，规划自己的日程，还能学会照顾自己。

BseLIGHT provides the opportunity for community living with your friends in Nanyang Boarding School, and gives you the chance to experience what independent living is like. It is a 5-day experiential learning programme specially for Secondary 4 students. You will get to live in the boarding school, plan your own schedule and take care of yourself, as you embark on this remarkable journey of self-discovery.



学会学习 LEARNING TO LEARN

为了让学生学以致用和进行自主探索，南中的课程内容包含了各个学科的课程以及独特的校本课程，以发展学生的不同才能。

To allow for authentic transfer of knowledge and skills and independent discovery, NY's curriculum includes academic studies and uniquely designed programmes that develop students' diverse talents.

双文化课程 BICULTURAL STUDIES PROGRAMME (BSP)

我们希望将你培养成一个既有自信又具有双文化视角的人。升上高年级以后，你将有机会加入为期两年的双文化课程，并通过跨文化研究、历史个案分析、时事话题讨论及体验式学习等多元的学习方式，从不同的范畴及视角理解中国的近现代史、社会、经济发展和国际关系。你也将有机会参加各种深广课程及才能培训活动，其中包括学术专题作业研究课程及专题讲座、青少年双语模拟联合国以及海外浸濡。这些都将有助于提升你的领导及跨文化沟通能力，为你未来的发展打好基础。



The school is keen on developing you to be a confident individual with a sophisticated bicultural perspective. The two-year Bicultural Studies Programme (BSP) for upper secondary students aims to develop your interest and capacity to engage with key issues relating to contemporary China (history, social and economic development, politics and international relations) and the comparison of Eastern and Western cultures. The programme adopts a variety of approaches such as cross-cultural comparison, historical analysis, current affairs discussion and experiential learning to cultivate your critical thinking skills. You will participate in a wide range of courses and talent development programmes, such as academic research skills workshops and seminars, the Bilingual Youth Model United Nations Conference, and overseas immersion trips. Through these programmes, you will develop leadership skills and cross-cultural competencies that will serve you well in the future.

华文语文特选课程 CHINESE LANGUAGE ELECTIVE PROGRAMME (CLEP)

如果你对华文文学有兴趣和热忱，那你肯定会期待加入针对高年级学生开办的语文特选课程！在这两年的课程中，你将通过文本解读、协作学习、戏剧学习等有趣的方式来赏析短篇小说、长篇小说、古代诗歌及现代诗歌。除了精彩有趣的课堂体验之外，你还有机会参与丰富多彩的深广活动，包括双语文学营、创意写作工作坊、作家讲座以及海外浸濡等。通过这两年的学习，我们希望将你培养成为华文文学的爱好者、善省思的读者、具有批判性思维的学习者、具有全球化视野的思辩者和具有创造力的创作者。

Do you have a burning passion for Chinese Literature? If so, you can look forward to joining CLEP! It is a two-year programme for upper secondary students that focuses on Chinese Literature. You will study long and short novels as well as ancient and contemporary poetry through various approaches such as textual analysis, collaborative learning, and drama. Besides the exciting classroom experience, you will have the opportunity to take part in various enrichment activities, including Bilingual Literature Camp, creative writing workshops, talks and dialogues by writers and overseas immersion trips. Through this programme, the school aims to develop you into a true Asian Literature advocate, reflective reader, critical learner, global thinker, and inventive creator.



人文课程 HUMANITIES PROGRAMME (HP)

如果你一向对英语，英文文学与人文科目抱有浓厚的兴趣，那么为期两年的高年级人文课程将会非常吸引你。高级人文课程内容丰富，针对性强，让你能充分发挥这些领域的潜能。作为课程的一部分，你将修读哲学研究和高级英文文学。与此同时，你也可以选修高级地理或高级历史。

If you have always had a keen interest in the English Language, English Literature, and the Humanities, the two-year HP for upper secondary students will be an enriching experience for you. It provides you with a differentiated curriculum to further develop your aptitude in these areas. As part of this programme, you will take Philosophical Inquiry and Advanced English Literature, and also have a choice of taking Advanced Geography or Advanced History.

数理才能培养计划 SCIENCE AND MATH TALENT PROGRAMME (SMTP)

中三中四的学生将有机会加入科学与数学才能计划 (SMTP)。这是为高年级学生打造的深广课程，为期两年，旨在栽培数理方面有杰出才能的学生。如果你是数理方面的佼佼者，你将有机会修读这门更具深度与广度的课程。此外，参与科学与数学才能计划的学生也有机会到高等学府实习，同时从事数学或科学方面的专题研究。

The SMTP is an enriching two-year programme for upper secondary students who are exceptionally talented in Mathematics and/or the Sciences. As part of the programme, you will get to experience an extensive and unique curriculum through the study of the subjects at an advanced level. In addition, students in the SMTP will embark on research projects in Mathematics or the Sciences. There are also opportunities for attachments at higher institutes of learning.



美术特选课程 ART ELECTIVE PROGRAMME (AEP)

南洋美术特选课程旨在全面培养具有艺术潜能、天赋和对美术有兴趣的学生。在为期四年的学习过程中，我们将通过丰富、扎实且融合科技媒介的课程，引导你深入研究艺术理论与实践，并接触多元化的艺术形式。你还将有机会参与校外合作项目和户外实践活动，与当代艺术家或行业领袖互动，获得真实的体验。如果你对美术充满热情，并希望进一步发展自己的艺术才华，以及参与更多与艺术相关的讨论，南洋美术特选课程将是你的理想选择！

The AEP is designed for students who possess artistic potential, aptitude, and passion. Our four-year dynamic curriculum offers an in-depth and holistic exploration of art practice and theory. Through engaging modules enriched with cutting-edge technology, we provide exposure to a diverse range of art forms and media. Additionally, authentic experiences are facilitated through interactions with artists and industry partners, learning journeys, and collaborative projects that go beyond the confines of the classroom. If you aspire to enhance your skills and actively participate in artistic discourse, the AEP is the perfect programme for you!



高级音乐课程 HIGHER MUSIC PROGRAMME (HMP)

如果你喜欢音乐，并拥有这方面的才能，请千万别错过加入南中高级音乐课程的机会！这是一门为期四年的深广课程。课程内容丰富全面，旨在帮助你发展个人的音乐天赋，并进一步提升你在聆听、创作、表演和研究各方面的能力。通过四年的学习，我们希望培养你的音乐才能、创造力与鉴赏能力，让你能够更好地欣赏音乐在社会中所扮演的角色，并发挥你的音乐强项，为社会做出贡献。

For students with interest and aptitude in music, the HMP provides the opportunity to deepen your knowledge in music and hone your abilities in listening, creating, performing and research. Through the four years in HMP, we hope to grow your musical and creative capabilities, enable you to appreciate the role of music in human societies, and empower you to apply music to benefit the community.





学会服务与领导 LEARNING TO SERVE & LEAD

南中旨在培养学生成为以身作则、服务型的领袖。她们有信心领导他人，坚毅面对挑战和变化。通过课堂讨论、实境学习等一系列的活动，以及老师和学长的指导下，学生将成长为极富关怀和同理心的领导者。她们能够做出明智的选择，无论在思想还是行为上都目标明确并富有使命感。

The school aims to nurture all students to be role models and servant leaders, who are confident to lead those around them and remain resilient in the face of challenges and changes. Through a range of activities such as lesson discussions, on-the-job experiences and mentoring by teachers and seniors, students are developed to become caring and empathetic leaders who are capable of making informed choices, showing clarity and purpose in their thoughts and actions.



社区服务教育——“创新-奉献-同理” COMMUNITY EDUCATION (ComEd) - SPICE PROGRAMME

南中的办学宗旨是培养德才兼备，并为国家社会做出贡献，进而推动社会进步的女性。社区服务教育——“创新-奉献-同理”就是锻炼自我的最佳平台。你将通过这项计划学习相关的知识与技能、同时树立正确的价值观，以为社区服务，做出贡献。在社区服务教育下，你将有机会参与多样化的社区活动及自主服务学习计划。

At the heart of our school mission is the aim to nurture women of character and to empower them to be agents of change. The ComEd-SPICE (Serving People with Innovation, Commitment and Empathy) programme fulfils this mission by equipping you with the right knowledge, skills, values, and attitudes to help you serve the community meaningfully. Some activities in this programme include community-based activities and Student-Initiated Service Learning Projects.

学生领袖发展计划

STUDENT LEADERSHIP DEVELOPMENT PROGRAMME

我们希望将你培养成为值得尊重、能够激励他人的领袖。为此，学生领袖发展计划将为你提供许多发展领袖才能的平台，以磨练你的领导技能。在计划旗下的学生领袖团体包括：南中学生理事会、南中课程辅助活动领袖委员会、班长委员会、班委会以及领袖学徒计划。

为了更好地发展学生的领袖才能，我们也会定期进行审查和检讨学生领袖发展计划，以确保学生所获得的学习体验是相关和有意义的。

The Student Leadership Development Programme provides numerous opportunities for you to hone your leadership skills and become a respectable and inspiring leader in the future. We have the Nanyang Student Council, the Board of Elected CCA Leaders, the Board of Monitors, the Class Committee, and the Leader Apprenticeship Programme. The programme itself undergoes regular reviews to ensure that your experiences are kept current, relevant, and meaningful while developing your leadership potential.



课程辅助活动 CO-CURRICULAR ACTIVITIES



体育运动 SPORTS

艺术体操 Artistic Gymnastics	羽毛球 Badminton	篮球 Basketball
柔道 Judo	英式女篮 Netball	垒球 Softball
乒乓球 Table Tennis	网球 Tennis	田径 Track & Field
排球 Volleyball	武术 Wushu	



制服团体 UNIFORMED GROUPS

女童军 Girl Guides	学生警察 National Police Cadet Corps	圣约翰救伤队 St John Brigade
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表演艺术 PERFORMING ARTS

华族舞蹈团 Chinese Dance	华乐团 Chinese Orchestra	合唱团 Choir
管乐团 Concert Band	古筝团 Guzheng Ensemble	现代舞蹈团 Modern Dance
弦乐队 String Ensemble	南洋剧坊 Theatre Club	



社团 CLUBS & SOCIETIES

视听学会 Audio-Visual Club	书画社 Chinese Calligraphy	舞龙舞狮团 Dragon & Lion Dance Troupe
辩论队 Debate Club	科技与资讯学会 Infocomm Club	智力竞赛学会 Mind Sports Club
自然学会 Nature Society	户外活动社 Outdoor Club	运动社 Sports Club



南洋女子中學校
Nanyang Girls' High School

2 Linden Drive Singapore 288683 | **Tel:** (65) 6466 3275 | **Fax:** (65) 6466 7564
Email: nanyanggirls@nygh.edu.sg | **Web:** www.nygh.edu.sg

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